

ABINGTON AVENUE UNITED REFORMED CHURCH



Sunday 17 March 2024 -Welcome to today's services which are led by Revd Jane Wade in the Gathering and Revd Ann Jack in the Sanctuary.

Verse for the week: "Restrain your voice from weeping and your eyes from tears, for your work will be rewarded" declares the Lord [Jeremiah 31 v.16]

What's On: week beginning 18 March 2024

Monday 18 Mar	-	-
Tuesday 19 Mar	9:00-9:30	Prayer Group (Chapel)
Wednesday 20 Mar	9:30 -11:30	Jolly Tots (Upper Hall)
Thursday 21 Mar	19:00 - 21:30	Miscarriage Service (Sanctuary)
Friday 22 Mar	10:00-13:30 12:00-13:30	Welcome Space Friday Lunch
Saturday 23 Mar	10:00-13:30	Child Contact Centre
Sunday 24 Mar	10:30-12:00	Morning Worship

This table shows church activities during the week. There are also regular and one-off hires. If you wish to use or access church rooms, please check availability with the church office.

For further details of our events please see website aaurc.co.uk
or contact the Church Office: office.aaurc@gmail.com Phone: 01604 604623

The church Office hours are Monday - Friday 9.30-12.30



If you would like the church to pray for a concern you have, please speak to the Minister or member of the leadership team.

Some suggestions for your prayers this week:

18/3	Time for reflection on how God can use our weak efforts and our mistakes to further His kingdom - give your struggles up to God in prayer.
19/3	Pray for the coming period of Easter services, that, however familiar, the stories of the cross and resurrection will open us up to new meaning and faith.
20/3	Pray for the leaders of Israel, the Arab states around the Middle East and their influencers.
21/3	Pray for anyone you know who needs benefits to meet the cost of living; pray also for the users of local foodbanks.
22/3	Pray for the congregation associated with AAURC.
23/3	Pray for the islands of the Pacific most threatened by rising seas caused by climate change.
24/3	Pray for AAURC's impact through various areas of mission and for a blessing on our attempts to work more closely with other local churches.

Our services are live streamed.

Please be aware that today's service will be livestreamed on Facebook and the recording may stay there up to 3 months. Every effort is made not to film the congregation unless folk have agreed. If needed, please discuss further with Revd. Jane Wade.

This is the **fifth Sunday of the season of Lent**.
The last words of love: "I am thirsty".

Questions to reflect on:

When have we known real thirst?

Are we in touch with our own deepest needs?

How easy do we find it to receive?

In our daydreams or dreams, how do we hear the voice of love?

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Upcoming events:

Wednesday 20th March 2024 - 12-2pm - Duston URC (Main Road, Duston, NN5 6JF) have invited us to join their 'Lent Lunch' (soup, bread, and cheese). Donations for food in aid of Christian Aid.

Thursday 28th March 2024 - Maundy Sharing Dinner - 6:30-8.30pm - Conference Room. An opportunity to reflect on the last supper Jesus shared with his friends as we share in a meal and communion together. Please sign up on the sheet in reception or contact the office if you would like to attend to enable us to cater sufficiently. (also please let us know of any allergies)

Good Friday walk of witness

From St. Alban's - 10:15am - to Church in the Park 11:50am followed by a short service.

Please could we request volunteers for stewards for the walk of witness and also volunteers who are willing to read the passage and lead the prayer during the walk. This would be much appreciated.

Flowers:

We are appealing to members to sign up for donations of flowers and to help with the bunching and delivery after the services.

At present we only have three of the twelve months provision signed up for and no volunteers for help with bunching or deliveries. The flower committee is very depleted, with only Linda on a regular basis with Sue and Liz to help on special occasions. Your help in this area would be very much appreciated.

Donations for Easter flowers can be given to me Linda.

